



# DARSHAN ACADEMY AMBALA NEWSLETTER

( December Edition 2022 )



Darshan Academies are schools where students are trained to achieve their highest potential: intellectually, physically, emotionally and spiritually. The aim is to develop the character and individuality of each student.

Ms. Balwinder Kaur  
(Headmistress)



# Steps to Meditate

**"Meditation is a practice of mindfulness and self-awareness"**



Our Tiny tots have learnt the steps and benefits of meditation through various activities. Anyone can learn to meditate, even kids. It can be challenging to imagine a child sitting still, with peaceful mind. So pre-primary teachers adopted the "Learning by doing" method as it is the idea to learn more by doing the activities.



# Carrom Championship

**“Sports is an important part of our culture and have a lot to teach us about life”**



Students of Darshan Academy Ambala added another feather in the school's cap by winning various significant positions in District Carrom Championship, which was organized by the Carrom Association Ambala. Master Molpreet won the Gold Medal in Single Under-14 Category. Master Ankit & Akshat won Gold Medal in Under-12 Category Doubles. Girls - Amrita, Shristi, Ramneet, Sonakshi & Harshit won Gold Medals in Team event Under-12 category and Boys - Shaurya, Arnav, Kamaljit, Abhinav, Manik won Silver Medal in Under-14 category team event.





# Yoga & Skipping Competition



The competition was organised to make the students aware of the health benefits of skipping and doing Yoga Asanas. They were acquainted with the usage of these Asanas for the cure of various diseases. The students were given a variety of Asanas to perform according to their category. They performed the Asanas with great enthusiasm and zeal.





# National Group Song Competition



Students participated in a National Group Song Competition organised by Bharat Vikas Parishad. The theme of the competition was to inculcate a feeling of love towards the country. Teams from each school and region sang one patriotic song in Hindi and a regional language. Prizes and certificates of appreciation were awarded to the participants and the music teacher.





## 'Har Ghar Tiranga' Campaign



Whipping up the patriotic fervor ahead of Independence Day, The staff members of Darshan Academy Ambala took out a Tiranga yatra for celebrating Azadi ka Amrit Mahotsav. The yatra aimed at evoking a feeling of nationalism. Patriotic songs were sung by all. It was really a marvelous initiative to celebrate and commemorate 75 years of Independence.



# Independence Day Celebration

**"Freedom in mind, faith in the words, pride in our heart and memories in our souls."**



Independence Day was celebrated with great pomp and splendor in school premises. On this day the school campus was nicely decorated with balloons and flags. A cultural program was also held in the school premises where students of all the classes participated. Students sang patriotic songs & recited poems.



# Dussehra Celebration



## “ Triumph of Good over Evil”

Darshan Academy Ambala celebrates Dussehra festival with great fervour, grandeur, and display. A small roleplay on Ramayana brought all the energy of Festival into the heart of everyone. The most well-known story behind Dussehra is the Ramayana. Students vividly imagined and physically embodied the different roles, dramatic situations, and actions of the main characters in the Ramayana as they retold elements of this epic story through skit. Students received praise from all for their diligence and innovation.





# Halloween Day Celebration

Halloween Day was celebrated in school premises with great pomp and show. Students with interesting costumes and makeup transformed the school into a spooky environment. All participants were very ecstatic while performing various activities. Students of Grade II presented a dance item on the beats 'Happy Happy Halloween'. They were dressed up as superman, spider, witch, wolf, and many more attractive costumes.





# Children's Day Celebration

**"A child loved today will spread the love tomorrow!"**

In a glimpse of Pandit Jawahar Lal Nehru's love for children, everyone began to remember his birthday as Children's Day. The Day is celebrated every year with grand splendor and fiesta at Darshan Academy Ambala.



## Children's Day Celebration Activities





# Teacher's Day Celebration



**“Teachers can change the lives of students with the right mix of chalk and challenges”**

Darshan Academy Ambala celebrated Teacher's Day in the school premises beginning with a solemn tribute to Dr. S. Radha Krishnan. There were various games for the teachers. Students performed songs and plays, acknowledging the contribution of their teachers and their heart felt moments with their teachers





# Guru Vandan Chhatar Abhinandan



To honour the best teacher and best student of Darshan Academy Ambala, a well-known organization 'Bharat Vikas Parishad' organized a program "Guru Vandan Chhatar Abhinandan". They awarded a memento to Ms. Vani Sharma as a teacher representative and Harnoor Kaur of grade VIII as a student representative.





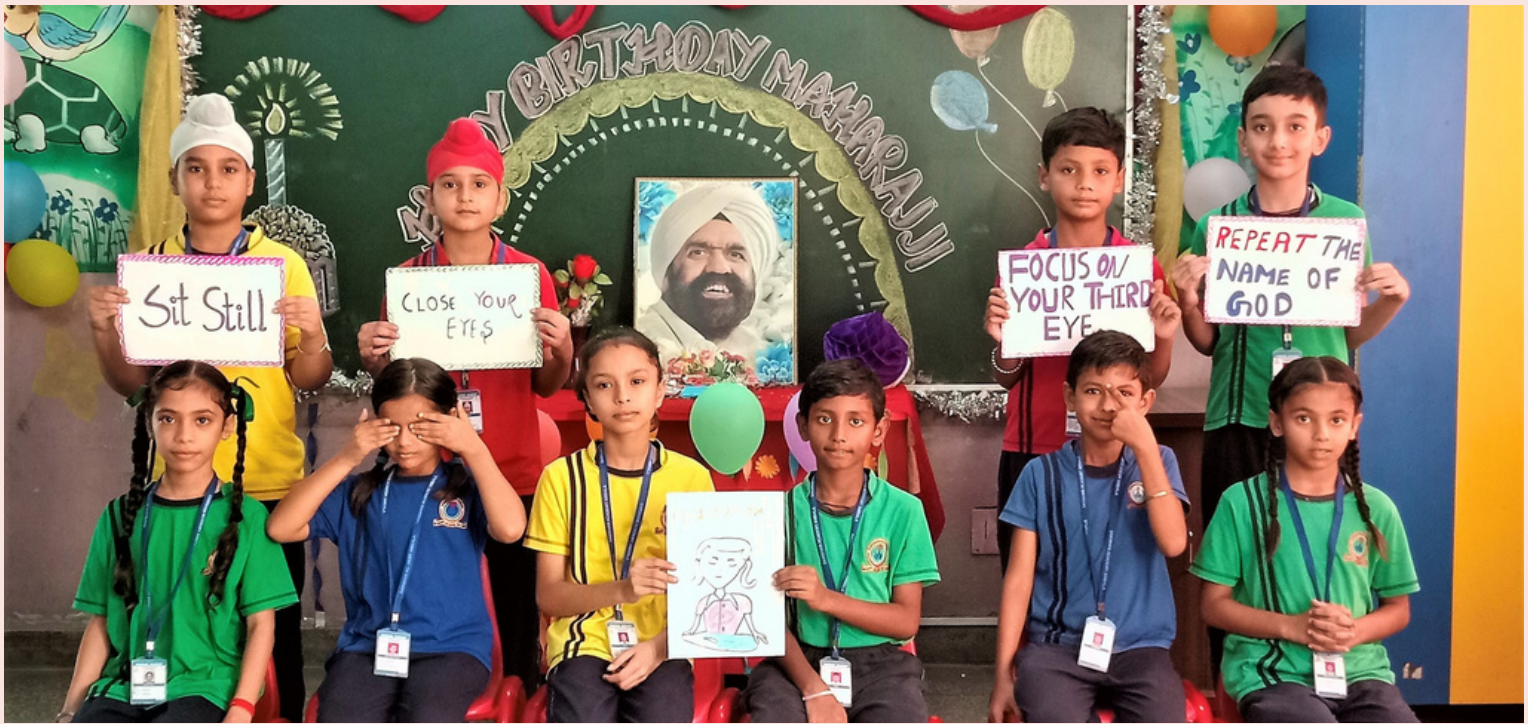
# Darshan Week of Love and Service



Darshan Week of Love and Service was celebrated from 07.09.2022 to 13.09.2022 with great joy and fervor. The special week was celebrated on the occasion of the Birth Anniversary of Sant Darshan Singh Ji Maharaj. For the whole week, the students were engaged in a wide variety of spiritual activities like selfless service by feeding animals and by donating clothes & toys to needy children.



# Rajinder Week of Meditation & Peace



Rajinder week of Meditation and Peace was celebrated from 15 September to 19th September on the birth anniversary of Sant Rajinder Singh Ji Maharaj with great zeal and enthusiasm. During this week all the students of school participated in a plethora of activities. The students made attractive cards & posters and gave presentations on techniques of meditation and explained its benefits.





# Number Names Activity

**"Children learn better when they are taught through play and rhymes "**



Diligent kids of the kindergarten enjoyed the number-names activity in the classroom. Teachers compiled some number games for kids that can help children get acquainted with Maths, counting, and number-names.





# Body Letter Activity



Curious Nursery kids performed the body letter activity with full fun and enthusiasm. They enjoyed making alphabets through various positions of the body. It was indeed an excellent option to teach them with experiences rather than just being told about them. The activity helps them to think analytically.





# Water Cycle Activity

**“Understanding the water cycle, for kids, is the first step towards understanding earth science”**



Through simple science activities, students of the primary wing learned about the water cycle and its importance. Students were taught about evaporation, condensation, precipitation, and collection of water through charts and models. It was a fun and exciting experience for all to play with paper boats in the rain while learning about water.



# Science Project week



Darshan Academy, Ambala organized a "Science Project Week" from 10th November 2022 to 16th November 2022. The theme of this special week was "The Science in Daily Life". The students enthusiastically participated in the Project Week. They made attractive models based on Rainwater Harvesting, Air and Water Pollution, Volcanic Eruption, Electric Circuit, Solar Power Plan, Traffic Signal, and the Coin Eater. The Project Week helped the students to enhance their scientific knowledge and make the learning a fun experience.





# School Excursion



School excursions enhance students' learning by providing opportunities for students to participate in curriculum-related activities, outside the normal school routine. Primary and pre-primary kids of Darshan Academy Ambala had an excursion trip to Subash Park during school hours under the celebration of Children's Day. They got an opportunity to learn beyond the classroom and understand the facts in more practical and realistic ways. Kids not only enjoyed the trip but also learnt a lot from it.





# Spiritual Talk for Teachers



Spiritual Talk for teachers has been organized on the topic "Optimism: An Attribute of Soul". The speaker for this talk was Mr. Rajindra Arora. The talk was attended by all the staff members along with Headmistress. The program began with Ten minutes meditation by all the participants. The speaker started the spiritual talk by emphasizing the impact of optimism. He urged that Optimism is a mental attitude characterized by hope and confidence in success and a positive future.





# Green Campus Programme



*"Green Campus Program enables schools and colleges to conserve natural resources like water and biodiversity, optimize energy efficiency, manage waste and educate about climate change and sustainability while addressing well-being of the students as compared to conventional educational institutes."*

## **"Planet needs Green Jobs!"**

Students of Darshan Academy Ambala have joined 5 days Online Summer Camp on Green Jobs. A green job that supports environmental and social responsibility. The aim of the camp was to make students aware about solar panel installers and engineers, organic landscapers, holistic health care providers, advocates for social justice and poverty reduction, socially responsible investment advisors, community organisers, and more. The team of the Green Campus programme awarded the students with certificates for their successful participation.



# Testimonials

"I would like to extend my gratitude towards School and also wish and hope that these extended efforts would continue. My child is studying in school from past one year. I am very satisfied by seeing improvement and remarkable confidence level in my child's overall personality development, speaking skills and physical activity. I like the teaching system of the School ."

Harish Sharma  
Father of Purvansh  
Class IV

"I am proud to be associated with Darshan Academy. My children are studying in Darshan Academy and have grown up progressively. They have shown an immense confidence level in speaking skills. They love to participate in almost all the activities conducted by the school. They got ample opportunity to explore through different concept and theme based activities. Darshan Academy is a wonderful school where teachers teach children sincerely. "

Samrat Sharma  
Father of Rehan  
Class IV



"My toddler was very fussy about the idea of going to Kindergarten. It's just been 9 months that I've enrolled her in Darshan Academy school, and now She is enthusiastically engaged in every activity and program followed in school. I am very glad to see this change in her. Thanks to Darshan Academy.

Mr. Mandeep Kumar  
(Father of Anaisha)  
Class Nur

It's really amazing to know that Darshan Academy School is using the latest technology in such a productive manner and making our kids learn in the best way possible. We are glad that our kids are using technology in the right manner at such a young age. Good luck to the school.

Ms. Kiran  
( Mother of Anisha)  
Class VI

I had a really fruitful experience by enrolling my kid in such a warm and loving environment. It is the sole hard work and sheer determination of the makers and the mentors that they're constantly upgrading the learning pattern for kids. Wishing Darshan Academy a continuous success.

Mr. Sanjeev Kumar  
(Father of Aekansh)  
Nursery -C



# INFRASTRUCTURE DEVELOPMENT



**An EdTech-upgraded classroom**



**Well lit Campus**



**Well planned play area**





# Contact us

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