



DARSHAN ACADEMY



NEWSLETTER

AMBALA

(August Edition 2023)



The students of Darshan Academy Ambala are creating a Generation of Peacemakers. Through meditation and a daily spiritual curriculum class they learn to lead a peaceful and happy life. They imbibe the value of peaceful coexistence, love and respect for all and learn how to tap into the inner peace of their soul through the daily meditation practice at school.



**Ms. Balwinder Kaur
(Headmistress)**

Spiritual Curriculum

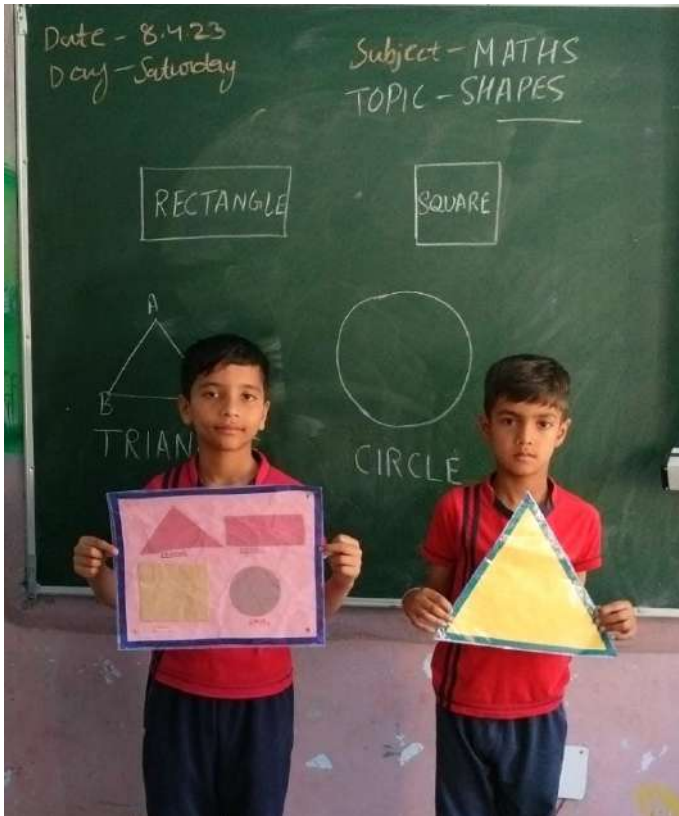
The aim of meditation is to quieten the thought waves of the mind. The students of Class V delivered a presentation on 'MEDITATION'. They also showed pictorial representation on how to practice meditation to lead a better life from the early age. Students also expressed their views on the importance of meditation in one's life.



They learnt that meditation plays a pivotal role in augmenting memory prowess, making it a crucial skill for children right from an early age. This practice also contributes to improved academic performance, leading to higher grades and ranks in school.

Rangometry

“Children learn as they play. Most importantly, in play children learn how to learn.”



Rangometry is an activity that aims at enhancing learning aptitude in children. Grade III students enthusiastically created various pictures using shapes. This engaging activity not only introduced them to the angles of each shape but also provided joy in crafting various forms. Through this amazing activity students explored their imagination with colorful designs and enhanced their memory power. Rangometry fosters pattern recognition, shape identification, color discernment, and ignites creativity through immersive hands-on learning.

Poem Recitation



With utmost enthusiasm, the students of Class III passionately recited the Hindi poem "Mann Karta Hai." Delighting in poetry not only brings joy but also aids in the acquisition of new vocabulary. The rhythmic flow of stanzas provides a familiar context for grasping diverse and unfamiliar words. Hindi Poetry Recitation and rhymes hold profound significance in the holistic development of both children and adults, as it elevates the lexicon skills of young learners and fosters cognitive growth. The charm of poems and rhymes, accompanied by engaging activities, captivates children and nurtures their linguistic journey.

Lemonade and Sandwich making Activity

“When life gives you lemons, make lemonade”.



The lemonade and sandwich activity not only involves creating a simple and refreshing lemonade and a nutritious sandwich but also serves as a valuable educational experience for the students. However, the best part of this activity can teach the kids about different shapes, measurements, and counting in the process. Additionally, as they prepare the lemonade, the students get hands-on practice in addition and subtraction, enhancing their arithmetic skills. The process of making healthy sandwiches brimming with vegetables encourages the students to appreciate the importance of nutritious eating habits. Overall, the students immensely relished this enriching activity, combining fun with valuable learning outcomes.



District Carrom Championship

"Talent wins games but intelligence wins championships."



The students displayed tremendous enthusiasm and enjoyed participating in the District Carrom Championship at Police D.A.V. Public School, Ambala City on 23rd and 24th May 2023. Organized by The Carrom Association of Ambala, the championship witnessed over 150 participants from different schools. Our students exhibited exceptional skills and dedication, securing an impressive tally of 4 Gold, 3 Silver, and 2 Bronze medals in the competition.

Summer Camp

**Amazing. Fun. Awesome.
It's a summer camp.**



The summer camp is an enrichment session, which helps children to explore new ideas and cultivate new interests. This Summer Camp aimed at keeping the students engaged & provided them an even platform to explore and express their creativity. The Camp provided some hands-on experiences in the following areas like self-defense, yoga, sports, art & craft and dance etc. Through new challenges, students broadened their horizons, fostering self-sufficiency and building character. The camp also facilitated friendship, laughter, and team spirit, ensuring the accomplishment of its ultimate motto.





The students were vibrant and delighted as they were engaged in the hobby classes, honing a diverse range of skills throughout the camp. This Summer Camp received heartfelt praise from both the participants and their parents.



Pool Party for Kids

“ Soak up the sun and let the good vibes flow “



Summer camp was wrapped with a delightful pool party that brought immense joy to the tiny toddlers. The event, held at the school provided the children with a much-needed escape from the scorching heat while engaging in water play activities that enhanced their motor skills, balance, and navigation abilities. The poolside was adorned with an abundance of colorful balloons and bunting creating a festive atmosphere. The pool party marked the perfect conclusion to the summer camp, leaving the children with unforgettable memories of fun and camaraderie.

Juice Party for Kindergarten

Drink juice and stay fresh!



Juice Day celebration was arranged to aware our kids towards good health and nutritional value because a Healthy mind resides in a healthy body. The main objective of the refreshing activity was to acquaint the students with the importance of drinking fruit juice in daily life. The event was beautifully decorated with vibrant rainbow colors, creating an inviting and exciting corner dedicated to the kids.



Art & Craft Activity

"Creativity comes from a conflict of ideas."



Darshan Academy organized a dynamic summer camp where students actively participated in an Art & Craft activity, providing them with a creative outlet to explore their artistic talents and enhance their craft skills. The students were exposed to a diverse range of skills, including creating wall hangings, making cards, crafting photo frames, painting on stones, drawing, sketching, and many more. They were also taught about sustainable practices and how waste materials can be repurposed to create something useful. The camp fostered a spirit of innovation and resourcefulness among the students.



Yoga Session For Teachers

"Yoga is the journey of the self, through the self, to the self."



Educators seized the opportunity of the splendid weather to partake in yoga sessions on the school lawn. This revitalizing pursuit not only fosters tranquility but also revitalizes both body and mind. The instructors ardently embraced yoga, augmenting their suppleness, poise, stamina, and physical prowess. Moreover, meditation was integrated to cultivate mental acuity, lucidity, and a tranquil state, thereby enhancing holistic wellness. The teachers enthusiastically embraced this mindful endeavor, wholeheartedly embracing the advantages of this mindful discipline.



Internal Workshop on Spiritual Demonstration



On the 6th of June, 2023, the school orchestrated a paradigm-shifting seminar centered around Spiritual Methodology. The event garnered the attendance of the entire faculty. The proceedings inaugurated with a tranquil 5-minute meditation, establishing a serene ambience for the day ahead. The educators engaged in the workshop with utmost enthusiasm and vigor. The discourse encompassed an array of profound subjects, including the Benevolent Diet, Contemplation, Journal of Self-Reflection, Modesty, Non-Aggression, Altruistic Endeavors, Optimistic Mysticism, and Reverence for All, Reverence for the Divine.



Souvenir 2022 Received From DEF



25 Years : " Sparkling Souls Spreading Peace "

Students and Staff of Darshan Academy Ambala is very obliged for receiving incredible Souvenir of the year 2022 from Darshan Education Foundation . We are truly grateful for this thoughtful gesture. The souvenir has become a cherished keepsake for all of us, serving as a constant reminder of the wonderful memories we have created together at our Academies. It represents not only our educational journey but also the unity and camaraderie that exists within our Academies. It truly captures the essence of our academies and showcases the pride we have in being a part of it. It has brought joy and warmth to all our hearts, and we will treasure it for years to come. The Support from Darshan Education Foundation continuous to inspire us and make our school experience even more special.

International Yoga Day Celebration

Yoga is not for only one – it's for everyone, Yoga is not for a day- it's for everyday



It's wonderful to hear about the enthusiasm surrounding International Yoga Day on June 21st. The day is indeed a great opportunity to celebrate the practice of Yoga and promote a healthy lifestyle. The school's efforts in organizing various activities, including asanas and pranayama, showcase the importance of physical, mental, and spiritual well-being through Yoga.



National Workshop for Foundational Stage

" If knowledge is power, then learning is a superpower."



An internal workshop took place on June 30th, 2023, involving all teachers. The workshop aimed to share valuable and innovative teaching and learning techniques learnt during the three-day national workshop for the foundational stage coordinators and teachers held at Kirpal Ashram, Delhi. These activities aimed to enhance other teachers' understanding of NCF, Innovation techniques, Innergy app, Nipun Bharat app, and Prashast app, thereby upgrading their vocabulary and skills.



Students Welcomed After Vacation

Welcome back Darshanites after long summer break!!



After an invigorating vacation, overflowing with exuberance, Darshan Academy, Ambala, initiated its fresh academic session post the summer hiatus. The students entered the premises, their hearts brimming with zeal and inquisitiveness, poised to embark upon a voyage of delightful education. Extending hearty greetings to the students, the educators bestowed them with charming cards and badges, while meticulously arranging captivating exercises. The scene of reuniting with old companions and engaging in animated conversations further invigorated their spirits, laying the foundation for an energetic and auspicious commencement to the new scholastic year.



Fruit Day Celebration

Fun Time!!!! SAY YES TO FRUITS!!



With a lofty purpose of instilling awareness regarding the crucial role of incorporating fruits into their daily diet, the kindergarten pupils gleefully commemorated Fruit Day. Each young learner, brimming with fervor and eagerness, artistically depicted their preferred fruits through vibrant illustrations and animated fruit rhymes. Immersed in moments of elation and contentment, these little ones also delved profoundly into the sensory attributes of fruits, exploring their flavor, aroma, hue, and consistency. Invaluable insights into the necessity of cleansing fruits before consumption and the multifaceted advantages of partaking in fresh fruits were ingrained in these tiny individuals, bestowing upon them a newfound reverence for nature's delectable offerings.



Sportz Village Foundation

Sport for Change



A notable segment of Sportz Village, recognized as the globe's most extensive youth sports platform, is actively engaged in a noble endeavor to enhance the global landscape by encouraging 100 million children to engage in active play. This initiative focuses on instilling a sense of vitality and well-being in youngsters through Sports and Physical Education Programs, thereby fostering beneficial impacts on their health, education, and overall development.



The Age-appropriate curriculum based on the specific needs of the school. Sportz village ensures that every child participates in the sports activities and also Educates them to live a healthy and active lifestyle. They customized activities for children with special needs. Sportz Village Schools' inclusive curriculum is developed keeping in mind the physical and psychological needs of children.

Testimonials

"Great school!!! I am proud to be associated with Darshan Academy. My children are studying in Darshan Academy school and have grown up progressively. They have shown an immense confidence level in speaking skills. They love to participate in almost all the activities conducted by the school. My kids are very happy to be at this school. Teachers are very nice and helpfull. This school is home for our family.

Mr. Deepak Singh

F/O Ishita singh (Class- Nur)

"I think I made the best choice to enroll my child in Darshan Academy school. It's happy to hear so many classroom tales from him each day. I noticed that my child has overcome the shyness and is openly taking initiatives to converse with everyone. I appreciate the efforts made by the teachers and other staff members!

Samar Sharma

F/O Veer Partap Sharma (Class - I)

"Fantastic school! The teachers are Professional, caring and well organized. The admissions process was outstanding, they really care and truly want the best for your child."

Anil Kumar

F/O Arin (Class - II)

"Darshan Academy has been a blessing for our family. Our child's enthusiasm for learning has soared since joining the school. The nurturing environment and emphasis on character development have made a significant impact on our child's overall growth. We couldn't be happier with our decision!"

Mr. krishan Kumar

F/O Harnoor kaur (Class - IV)

"Darshan Academy's spiritual education has instilled a sense of inner peace and mindfulness in our child." I wish this organization all the best for future endeavors.

Mr. Mohan Singh

F/OPurvansh (Class - VII)

INFRASTRUCTURE DEVELOPMENT



An EdTech-upgraded classroom



Installation of Hose reel



Well planned play area



Contact us

DARSHAN ACADEMY , AMBALA

**Darshan Ashram, Kuldip Nagar Near Dhillon Petrol Pump,
G.T. Road Ambala Cantt. Haryana-133003**

✉ infoambala@darshanacademy.org

☎ **0171-2611431 , 8447734001**

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